

# **EXAMPLE OF A "GROUP SAFETY PLAN"**

# "Group Safety Plan Questionnaire"

Sample Responses Written in Blue

# 1. Group Leader's Name

Jane Wolverine

# 2. Group Leader's Email

jane.wolverine@umich.edu

# 3. Group Leader's Affiliation

Faculty/Staff

# 4. Group Co-Leader's Name (if applicable)

Judy Wolverine

# 5. Group Co-Leader's Email

judy.wolverine@umich.edu

# 6. Campus

**U-M Ann Arbor** 

# 7. Name of Sponsoring School

Architecture & Urban Planning

# 8. Other Sponsoring School

If "\*Other - not listed" was selected, please list

N/A

# 9. Program Experience Start Date

06/08/2022

# 10. Program Experience End Date

06/25/2022

# 11. Destination Information

List the country/s, city/s, and arrival and departure date/s for each destination.

Depart DTW on Friday, June 8th, connect thrugh Amsterdam, arriving in Nairobi on Saturday, June 10th. Stay the night in Nairobi on, June 10th and depart for Mombasa, Kenya on June 11th.

On June 23th we will drive from Mombasa to Nairobi and depart at 11:59 pm, connect through Amsterdam, arriving in DTW on June 25th.

### 12. Travel Purpose

Briefly explain the academic relevance, purpose, and an overview of planned activities of the program. For Travel Warning and Travel Restriction

destinations (<a href="https://global.umich.edu/travel-resources/warnings-restrictions/">https://global.umich.edu/travel-resources/warnings-restrictions/</a>), include the compelling and urgent reasons for engaging in this project at this time.

A group of 13 students and 4 faculty from the School of Architecture are traveling to a rural region of Kenya near Mombasa. The trip involves teaching, research, service and social entrepreneurship activities. The group has built strong ties to the local community and leadership, including two local universities. The team has considered all of the potential risks involved with travel at this point in time, in addition to consulting with local contacts, and believes the enriching experience for the students and the benefit to the local community currently outweighs the travel risks.

# 13. Anticipated Number of Participants

Total anticipated number of U-M undergraduate students, graduate students, program leaders, and travelers who are non U-M students who will travel with this project experience:

17 (13 students and 4 faculty) from the University of Michigan

### 14. U-M Participants

Please list the First Name, Last Name, and Unique Name of each U-M participant. If the participant names are not known at this time, please indicate the date when you anticipate accepting participants:

[First name, Last name, unique name]

### 15. Non U-M affiliations (if applicable)

Please list names, email addresses, and affiliations of non U-M travelers:

N/A.

# 16. Travel Registration

Have you verified that each group participant has been registered in the U-M Travel Registry through M-Compass?

 If you need the Global Engagement Team to register your group's travel, submit a Student Group Travel Request Form (https://docs.google.com/forms/d/e/1FAIpQLScfBrpyaVuO8hapSHHhp2jMTDiHJFOv1BcUiPluK q-TwlxKIA/viewform) and list all students and affiliated participants. The Global Engagement Team will review this request and assist with the travel registration process.

No, it will be completed upon ITOC approval

# 17. Language Barriers

If your host country is not primarily English-speaking, explain how language barriers will be addressed (i.e. level of language proficiency of participant/s, accompanying translator, etc.)?

English is the official language of Kenya.

## 18. Group Leader/s Leadership Experience

Describe the Group Leader(s)' leadership experience (i.e. experience leading student travelers in a domestic context, international context, experience navigating in new cultures, responding to conflict / emergencies, receiving first aid training, etc.).

Leaders of this group have traveled to Kenya over the past 10 years, many times with students, as well as to other global locations. Dr. Maize and Dr. Blue have lived internationally for half of their lives, as well as traveled internationally their whole lives.

# 19. Group Leader Previous Travel

List previous travel destinations including estimated time spent in each location, especially in the destinations listed on this itinerary

School of Architecture faculty have been visiting this region for approximately 10 years and have deep ties to the local community and leadership, including two local universities. Each trip has been for a duration of 2 - 8 weeks.

# 20. Adherence to Group Leader Responsibilities

Will you adhere to the group leader responsibilities as outlined in the SPG 601.31 International Travel Policy (https://spg.umich.edu/policy/601.31) and on Global Michigan (https://global.umich.edu/travel-resources/requirements/group-travelrequirements/), including:

 Obtaining approval from the International Travel Dean's Designee (https://drive.google.com/file/d/1umCU1eGE1g0pqBQTj5sZ3RJD-LyZPt9w/view?usp=share\_link

- ) as specified by the sponsoring School/College/Unit. Questions regarding the appropriate International Travel Dean's Designee can be directed to umichitoc@umich.edu (mailto:umich-itoc@umich.edu)
- Following best practices for: health, safety, and security planning; pre-departure orientation; on-site activities; crisis management, and post-trip review.
- Following any additional unit-level guidance or requirements for travel. Requirements may include signing and adhering to any documents detailing program leader responsibilities.
- Supporting students to the best of their ability in the event of a crisis situation and alerting U-M
  of a crisis by following the General Emergency Protocols for U-M International Travelers
  (https://global.umich.edu/travel-resources/in-case-of-emergency/).
- Adhering to the sponsoring unit directions when performing duties in the official capacity as a program leader

Yes.

# 21. Public Health Requirements to Enter your Destination Country/s

What are the public health requirements, if any, needed to enter your destination country/s? What is your plan to meet these requirements?

These could include:

- Providing a specific test result for an infectious disease
- Providing proof of vaccination
- Completing a specific health questionnaire
- Downloading an app
- Quarantining or testing upon arrival

#### Resources:

- The "Entry, Exit, and Visa Requirements" section of the U.S. Department of State Country Information
   (https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html)
- CDC Travelers' Health (https://wwwnc.cdc.gov/travel/destinations/list) page

To enter, travelers must show proof of COVID-19 vaccination or negative COVID-19 PCR test conducted withing 72 hours before departure. Vaccination Certification must be uploaded to their online system, PanaBios. There are no quarantine requirements for U.S. citizens, or required testing upon arrival. See additional information here: https://ke.usembassy.gov/covid-19-information/

# 22. in-Country Partner

Provide the name(s) of your in-country partner(s), collaborator(s), host organization(s), and/or placement agency.

The Maize and Blue Organization helps us with the accommodations & provides an invoice. See more information ar maizeandblueorg.org

# 23. On-site Support Resources

Describe on-site health, safety, and security support resources and services that are provided by your in-country partner, collaborator, on-site host, or others, if applicable.

Examples of support may include:

- On-site orientation or familiarization tour of the area
- Accompaniment of staff or translator
- Recommendations on selecting safe housing
- Transportation Overview of public health / emergency support protocols
- After hours emergency number and or support
- Assistance with security quarantine / isolation space if necessary

#### Resources:

Developing an NGO Partner Profile
 (https://drive.google.com/file/d/1c3zYjlldw7no7pWimHkH7HqnN\_istCBV/view) document located
 on Global Michigan's Pre-departure Planning: U-M Travel Guides and Checklists
 (https://global.umich.edu/travelresources/travel-planning/early-stages-of-planning/) page.

The faculty traveling in the team have been going to these locations and sites in Kenya more than 10 years and thus are very familiar with the area. They have been meeting weekly with students who will be traveling and reviewing extensively all the details of the trip. In preparation for the trip, the team has also been in close contact with the country partners in planning for the trip, and reviewing periodically information on the Kenya and U.S. government sites regarding requirements around local COVID-19 and safety protocols.

One of our local partners is a physician, Dr. Doctorson, who will be responsible to help answer and arrange care for any unforeseen health-related questions or concerns. He will also be available after hours. The team has created a safety/emergency call tree, which every team member will carry with them, so that names and numbers of who to contact locally and in the U.S. for different safety or health concerns will be clearly identified before the trip begins. A What's App group text string is also already in place which will connect with everyone on the trip in Kenya and also Mrs. Jane Doe, who will be located in the US. The Organization Center, where we stay for the entire trip (except the first night on arrival) has 24 hour security on the premises and WiFi access. The Center is the only alcohol and drug free hotel in Mombasa.

Arrangements have been made so that any group member that tests positive for COVID-19 will be able to quarantine and isolate on site. The team will bring from the U.S. approved COVID-19 home tests and test anyone who develops symptoms. If anyone tests positive, then the entire team will be tested. In that way any issues will be identified early. Our local partners have also identified local sites where team members can get PCR and other types of COVID-19 tests as necessary during the duration of the stay. Necessary gowns, masks, safety glasses, N95 and surgical masks will be brought from the U.S., to ensure we have access to all necessary and adequate Personal protective Equipment (PPE). Additionally, all work will be done outdoors (we have done this before).

# 24. Housing Accommodations

List the name of housing accommodations for each city on your travel itinerary and indicate whether you have a private room or are living with roommates. If known, also provide the Address/Location,

Anticipated Arrival Date, and Phone Number (Country + City Code).

February 18 - 19, HOTEL Kenya, Limestone Rd, Nairobi, Kenya, June 8 - June 25th Kenya Center C91, Kenya Mombasa, Kenya, June 26th

### 25. Accommodations Overview

Provide a brief overview of the housing accommodations (hotel, hostel, host family, apartment, campsite, on-campus dorms, etc), including how they were chosen and/or vetted for safety and security.

#### Resources:

- Tips on selecting safe housing can be found in the Early Stages of Planning section on Global Michigan. (https://global.umich.edu/travel-resources/travel-planning/early-stages-of-planning/)
- (https://global.umich.edu/travel-resources/travel-planning/early-stages-of-planning/)
- OSAC (https://global.umich.edu/travel-resources/travel-planning/early-stages-of-planning/)Hotels: The Inns and Outs (https://www.osac.gov/Content/Report/72ecc621-a2fc-4534-be2d-15f4ad66f946) report

After landing in Nairobi the group will spend one night at the Hotel Kenya. This hotel was chosen by one of our on-site partners and vetted for safety, and the team has stayed at this hotel previously. The group departs for Mombasa immediately the next morning. The group will stay at the Kenya Centre in Mombasa Region - Kenya Centre has 24 hour security and is in a region of the country far away from the larger cities or the Somalia or Sudan border.

#### 26. Embassy Addresses

Have you identified the location of your country's nearest embassy or consulate? For U.S. citizens, resources include www.usembassy.gov (http://www.usembassy.gov/) and your destination/s Country Information Page

(https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-P ages.html

[YES]

### 27. U.S. Department of State STEP Enrollment

Have you enrolled in (and encouraged your group to enroll in) the Smart Traveler Enrollment Program (https://step.state.gov/step/) (STEP) or with the Embassy / Consulate of your country?

[YES]

### 28. Local 911 Equivalent

Have you identified the city/country 911 Emergency Equivalent Number for Police, Fire, and Ambulance support? (See the "Safety & Security" section of your travel destination's Country Information (https://travel.state.gov/content/travel/en/internationaltravel/International-Travel-Country-Information-Pa

ges.html) page.)

[YES]

### 29. GeoBlue Obtained

Have you verified that each group participant has obtained GeoBlue Travel Abroad Health Insurance (http://www.uhs.umich.edu/tai)\*? If not, please indicate the anticipated date that travelers will have GeoBlue insurance.

\* To determine which GeoBlue plan is needed, please contact your department administrator or visit www.uhs.umich.edu/tai (<a href="http://www.uhs.umich.edu/tai">http://www.uhs.umich.edu/tai</a>)

No

Explanation: The team is in the process of purchasing GeoBlue insurance prior to the trip, with a deadline of end of January 2023 provided.

# 30. Nearest GeoBlue Facility

Have you determined the nearest GeoBlue facility for each site location using the GeoBlue Destination Dashboard feature? Instructions for logging in are on the UHS (http://www.uhs.umich.edu/tai) site and can be seen below:

- Faculty and staff can log onto the GeoBlue site (https://www.geo-blue.com/login/access\_code.cfm) and dashboard using the U-M Business Traveler Group Access code QHE99999UMBT.
- Students can log onto the GeoBlue Student site
   (https://members.geobluestudents.com/Account/Login) and dashboard using their GeoBlue
   certificate number they obtained after purchasing insurance or if provided by the U-M unit
   managing the program.

Yes.

# 31. Other Medical Facility

If the nearest GeoBlue facility is approximately more than an hour away from your work and/or living site, list the name and address of the nearest medical facility to the site/s:

N/A

# 32. CDC Consultation

Have you consulted the CDC's (http://wwwnc.cdc.gov/travel/destinations/list) recommendations for vaccinations for each destination on your itinerary? Please note that U-M Travel Clinic (https://www.uhs.umich.edu/travelhealth) can provide vaccinations, recommendations, and Travax reports for travelers.

[YES]

# 33. Group Leader Primary Local Mobile Phone Number

Provide each group leader's:

- Cell phone number that will be functional abroad and/or satellite phone:
  - If the on-site number is available at this time, provide the phone number (include country code + city / area code)
  - If the number is not available at this time, describe how and when you will obtain a
    working local cell phone. The safety plan will need to be updated with their phone
    number once available.
  - Satellite phone users should review OSAC's Guide for Overseas Satellite Phone Usage (https://www.osac.gov/Content/Report/9db45731-1eec-477a-a7af-1bf950cb4013)
  - List other ways to contact the group leader(s), such as email, WhatsApp, Viber, WeChat,
     Facebook name, Twitter username, Instagram username, etc.

Barbra Wolverine Cell: 317-501-6772 Shelly Wolverine Cell: 734-255-4282 Ann Wolverine Cell: 317-332-7356

Group members all have WhatsApp installed on their phones and a chat is already in place for all travelers and Mrs. Maize, who will remain in the U.S.

# 34. Group Management

In terms of group management, (1) describe the portions of the experience where the group participants could be separated, even if unexpectedly, and (2) list strategies that will be in place to ensure participant safety (e.g. accompaniment of on-site partners, participants will not be traveling at night, participants will always be with a buddy, participants are briefed on places to avoid, participants are required to check-in with the group leaders at certain times, etc.).

The group is expected to travel together for the duration of the trip. Each traveler will carry a list of phone numbers for the team, as well as for local contacts, in the event of separation. Group members will purchase local SIM cards to place in their phones (4G and WiFi are available) to communicate with each other, or will utilize their existing international cellular plans.

# 35. In-country Communication Within Group

Specify the in-country communication plans (1) between the group leader and the group members, (2) with your local contacts / hosts, and (3) in the event of an emergency.

If the group anticipates being away from regular email or phone contact, or if cellular service becomes unavailable (due to political unrest or a natural disaster), please describe how you will overcome such challenges.

The group members travel in a group. Group members will carry the phone numbers of the group leaders and hosts as well as Ms. Maize in the U.S. in case of separation or emergency. The group

discussed a plan of action in the event of an emergency - for example, where to meet if there is no phone or email.

# 36. Emergency on-site contact person/s and number/s

Identify a person or office at your destination that you and the U-M can contact in the event of an on-site emergency. This person can be an in-country collaborator, a personal in-country contact, or any person or office responsible for providing in-country support that you or the U-M can contact in the event of an on-site emergency (Include country + city code).

The best two local contacts would be Willy Wonka, the person in charge of the Thiiri Center. She coordinates most of the connections within the community. and Dr. Harry Potter, MD is our closest contact there.

Willy Wonka's contact information:

• Phone: +1 111-1111

Email: willywonka@fictitiousemail.com

Dr. Harry Potter's Information:

• Phone: +1 111-1111

• Email: harrypotter@fictitiousemail.com

# 37. My plan for communicating with the U-M

For your communication plan with U-M while you are abroad, provide each of the following:

- Your primary U-M contact's (who will remain in the U.S.) name and contact information
- How often you will communicate with them and through what method of communication. (Your communication plan should include a minimum of a check-in when you arrive on-site, one check-in communication during the program, and preferably weekly check-ins for U-M Travel Restriction destinations.)
- If you anticipate being away from regular email or phone contact, describe how you will overcome these challenges.

My primary contact at the University of Michigan will be Dr. Smiley, office: 1(111)111-1111,

cell: 1(111)111-1111 home: 1(111)111-1111

Not only do I check in with her, and have established certain check-in times from previous spring travel abroad trips, but she also checks in with us periodically. I will notify her upon landing, weekly, and as we prepare to leave. We will not be away from regular email or phone contact at any point during the trip.

# 38. Transportation

Describe all types of transportation you plan to use to and from in-country airport/s, between housing and work/study site(s), between cities or other locations in your travel itinerary, etc. These could include taxis, rideshares, chartered vehicles, public buses or trains, walking, etc.

A chartered vehicle with drivers will be utilized as has been done previously.

# 39. Drivers

Will the group leader be driving students during any portion of the program?

Group leaders driving students abroad will need to complete the Fleet Services Vehicle Record Check (pts.umich.edu/internal/mvr ( https://ltp.umich.edu/internal/mvr/)) and list either your U-M sponsor/administrative contact or Patrick Morgan (morganpt@umich.edu (mailto:morganpt@umich.edu)) as the designee.

NO.

# 40. Transportation - Risk Assessment and Mitigation Strategy

For each type of transportation listed, 1) describe any risk/s associated with using that transportation in your destination/s, and 2) explain your strategies to avoid or mitigate these risks.

#### Resources:

- The "Transportation Security" section of your country's OSAC Country Security Report (https://www.osac.gov/Content/Browse/Report?subContentTypes=Country%20Security%20Report)
- Within the "Travel and Transportation" section of your country's U.S. Department of State
  Country Information
  (https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Inform
  ation-Pages.html)page United Kingdom travel advice site
  (https://www.gov.uk/foreign-travel-advice)
- ASIRT Road Safety Abroad reports (https://apps.lib.umich.edu/pk/resource.php?013816728)
   (Note: A U-M Weblogin plus the password provided on the U-M library hosting page are required to view reports.)
- OSAC Road Safety Abroad report (https://www.osac.gov/Content/Report/42030742-7810-41f5-ba9d-1659e5fd64d1)
- University of Michigan Travel Resources
   (https://global.umich.edu/travel-resources/safety-security/)

We have hired drivers to transport the group during the entire stay to mitigate risk. Risk of a car accident is possible. Students will wear seat belts if they are available. Students will practice situational awareness when traveling via ground transportation. Lock windows and doors at all times to prevent carjacking. According to OSAC's report, drivers should "Allow sufficient distance between you and the vehicle ahead of you while stopped in traffic. Always maintain at least a half tank of gas and ensure that others not traveling with you are aware of your travel itinerary. If you believe someone is following you, do not drive directly to your intended destination; rather, detour to a police station, well-illuminated public venue, or other guarded area and seek help." Road conditions can be very poor, potholes, etc. Paying attention to surroundings is very important. By utilizing private transportation, the risk of COVID-19 infection is limited.

# 41. Health - Risk Assessment and Mitigation Strategy.

(1)List the health risks identified within the CDC's Travel Health Destination page of your travel location/s (https://wwwnc.cdc.gov/travel/destinations/list#group-u). Include relevant travel health considerations (e.g. vaccination requirements, infectious diseases, insect-borne illnesses, water quality, on-site medical access and quality, etc.). (2) Explain your strategies to avoid or mitigate these risks.

#### Resources:

- CDC Travelers' Health (https://wwwnc.cdc.gov/travel/destinations/list)
- The U-M Travel Clinic (https://www.uhs.umich.edu/travelhealth) which can provide vaccinations, travel health recommendations, and Travax reports for travelers.
- GeoBlue Destination Dashboard (https://www.geo-blue.com/personalized\_destination/)
- The "Health" section of your country's U.S. Department of State Country Information (https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Inform ation-Pages.html) page
- Global Michigan Health Page (https://global.umich.edu/travel-resources/health/) and review the U-M Travel Health Preparation Guide (https://drive.google.com/file/d/1Vm3ux1GPB0rmSlzpg-gnXHpy0Tlb\_b2R/view)
- Within the "International SOS Country Profile" listed under each country on Harvard's Travel Risk Rating (https://www.globalsupport.harvard.edu/travel/risk-ratings) page

All members of the study team will have completed immunization series for COVID-19 prior to the trip, including boosters. All members of the team have already made appointments and will have completed prior to the trip health visits with the University of Michigan Health Services or their local healthcare provider to ensure all other health requirements and recommendations for immunizations, etc. for the area in Kenya where we will be traveling are discussed and followed as appropriate to each individual's healthcare needs. Generally, Hepatitis A and Typhoid immunizations should be up to date.

While recent research suggests the prevalence of malaria is very low in the area we will be working in, both students and faculty will discuss with their healthcare providers the need to take malaria prophylaxis, and begin that appropriately. The occasional traveler's diarrhea is possible (travelers will take a small medical kit with them with commonly used medications). Also anyone in the team on prescription medications will be advised to take an extra supply, in case of quarantine or delays. For COVID-19, as mentioned previously, the team will follow all US and Kenyan guidelines for providing safe dental care to the populations we will be working with, as in previous years, including all new safety protocols regarding COVID-19. The students participating in this trip are third year graduate students and thus are familiar with implementation of all current COVID-19 safety protocols. In Kenya, we will continue following these protocols and care will be provided in outdoor settings. We must also emphasize that most of the care provided in Kenya will include non-aerosol producing procedures, as we work in school settings with hand instruments. In addition, during the entire stay, the group will continue using all safety measures we are used to comply with, including frequent washing of hands (and where clean water may be an issue, effective hand sanitizers will be used- we will bring these from the U.S. with us). The team will also continue practicing social distancing, wearing masks, etc.

# 42. Natural Disasters and Environmental Risks - Risk Assessment and Mitigation Strategy

For your destination/s, (1) describe any natural disaster risks (e.g. earthquakes, tropical storms,

flooding, landslides, etc.) and environmental risks (e.g. extreme heat or cold, high altitude, air pollution, etc.), and (2) explain your strategies to avoid or mitigate these risks.

#### Resources:

- The "Environmental Hazards" section of your country's OSAC Country Security Report (https://www.osac.gov/Content/Browse/Report?subContentTypes=Country%20Security%20Report)
- FM Global Flood and Earthquake hazard map (https://www.fmglobal.com/research-and-resources/nathaz-toolkit/flood-map)
- OSAC "Traveling in High Altitude" (https://www.osac.gov/Content/Report/3e9e97f9-87d9-483e-acfa-15f4ada8f352)

Droughts and floods are the most significant hazards in Kenya. We can mitigate this risk by staying updated on any news pertaining to this. In the event of any news regarding droughts or floods, we will ensure each group member has a personal stash of water and food in case of natural disaster as supplies are often scarce during an emergency.

# 43. Personal Safety - Risk Assessment and Mitigation Strategy

For your destination/s, (1) describe personal safety risks (e.g. petty or violent crime, theft, fear of bodily harm, kidnapping, terrorism, safe housing issues) and (2) explain your strategies to avoid or mitigate these risks.

#### Resources:

- The "Crime Environment" section of your country's OSAC Country Security Report (https://www.osac.gov/Content/Browse/Report?subContentTypes=Country%20Security%20Report)
- The "Safety and Security" section of your country's U.S. Department of State Country Information
   (https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html) page
- Within the "International SOS Country Profile" listed under each country on Harvard's Travel Risk Rating page. (https://www.globalsupport.harvard.edu/travel/risk-ratings)

According to OSAC, travel to Nairobi poses a serious threat of road safety and crime, including "violent and sometimes fatal criminal attacks, including home invasions, burglaries, armed carjackings, and kidnappings". Risk is mitigated by staying in Nairobi only one night. The group lands in Nairobi and stays overnight in a hotel recommended/vetted by our on-site partners. The group will depart immediately the next morning. Throughout the trip (and especially in Nairobi) we avoid places frequented by Westerners, such as the Westagate Mall. Throughout the trip we use heavy duty vans with professional licensed drivers. Nairobi's Eastleigh neighborhood will be avoided.

# 44. Harassment - Risk Assessment and Mitigation Strategy

For your destination/s, (1) describe harassment risks due to nationality/dual-citizenship status, gender

inequality, race, religion, sexual orientation, etc., and (2) explain your strategies to avoid or mitigate these risks.

#### Resources:

- The "Personal Identity & Human Rights Concerns" section of your country's
- OSAC Country Security Report (https://www.osac.gov/Content/Browse/Report?subContentTypes=Country%20Security%20Report)
- Within the "Local Laws and Special Circumstances" section of your travel destination's Country Information page (https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Inform ation-Pages.html)
- Map of Sexual Orientation Laws on the ILGA site (https://ilga.org/maps-sexual-orientation-laws)

OSAC has issued a security alert for Nairobi due to Al-Shabaab terrorists targeting Westerners in public spaces. Listed actions to take include: Be aware of your surroundings, and report suspicious activity to authorities immediately Carefully consider visiting locations frequented by tourists/Westerners, Monitor local media, Have travel documents up to date and easily accessible.

# 45. Political Unrest - Risk Assessment and Mitigation Strategy

For your destination/s, (1) describe any risk related to political unrest, demonstrations, political instability, etc. and (2) explain your strategies to avoid or mitigate these risks.

#### Resources:

- The "Political Violence and Civil Unrest Environment" section of your country's OSAC Country Security
   (https://www.osac.gov/Content/Browse/Report?subContentTypes=Country%20Security%20Report) Report
- Within the "Embassy and Alerts" section of your travel destination's Country Information Page (https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html) or on the US Embassy website
- IFES Election Guide (http://www.electionguide.org)
- OSAC's "Preparing for Election Violence"
   (https://www.osac.gov/Content/Report/d7cd68ad-cee9-4386-b647-1e9f5c7745f6) and "Surviving a Protest" (https://www.osac.gov/Content/Report/0b882e6f-c05f-4d1c-9601-15f4ad6883fc) resources.

We will check conditions and monitor local media reports before traveling and will avoid demonstrations and political rallies of all kinds. Tribal violence tied to land and livestock disputes occurs with some frequency in rural areas. We will be aware of the risks and practice situational awareness.

# 46. Arbitrary Arrest or Targeted Detention - Risk Assessment and Mitigation Strategy

For your destination/s, (1) describe the identity-based and/or research-based risk of arbitrary arrest or

targeted detention, if any, and (2) explain your strategies to avoid or mitigate these risks. Resources:

- The "Concerns involving the Rule of Law, Arbitrary Detention, Official Harassment, Corruption &/or Transparency" section of your country's OSAC Country Security Report (https://www.osac.gov/Content/Browse/Report? subContentTypes=Country%20Security%20Report)
- Within the "Local Laws and Special Circumstances" section of your travel destination's Country Information page
   (https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Inform ation-Pages.html)

There is corruption within police forces in Kenya. Arbitrary arrest has occurred, including human rights activitists, and stopping or arresting individuals to extort bribes. To mitigate risks of arbitrary arrest or targeted dentention, the group will travel together and conduct themselves in a professional manner. Large gatherings will be avoided. The hired drivers are well known and liked in the communities the group visits, and this will mitigate any arbitrary dentention risks. Additionally, the group is providing much needed care to children in these communities, and their work is very valued by the communities.

# 47. Risky Activities - Risk Assessment and Mitigation Strategy

For your destination/s, 1) describe planned high-risk activities, such as high altitude activities, technical climbing, hiking in remote or precipitous areas, swimming, diving, boating, machinery operation, handling animals/poisonous plants/hazardous substances, etc., and 2) explain your strategies to avoid or mitigate these risks.

- Resources include: OSAC "Traveling in High Altitude"
   (https://www.osac.gov/Content/Report/3e9e97f9-87d9-483e-acfa-15f4ada8f352) and "Drowning Prevention and Water Safety Abroad"
   (https://www.osac.gov/Content/Report/5f6df976-07d9-4e1f-9f4a-15f4aeab15b3)
- U-M Environmental Health and Safety Field Research
   (https://ehs.umich.edu/research-clinical/field-research/) "Information on Specific Hazards"

Infection control protocols, see #48. Wear sunscreen/protective clothing and stay hydrated on day trips.

#### 48. Other - Risk Assessment

For all other risks associated with your destination/s, including but not limited to:

- Project involving working with, interviewing, or photographing human subjects
- Field research involving environmental, health, or activity hazards as identified on the Environmental Health & Safety site (<a href="https://ehs.umich.edu/research-clinical/field-research/">https://ehs.umich.edu/research-clinical/field-research/</a>)
- Travel to a country where additional safe computing precautions are recommended
- Travel to a country under U.S. sanctions
- Ethical considerations for global health projects
- (1) Describe any associated risks, and (2) explain your strategies to avoid or mitigate these risks. (3) If

your research requires IRB approval, indicate if you have received approval.

#### Resources include:

- U-M Traveling Safely with Technology (https://www.safecomputing.umich.edu/protect-yourself/travel-safely-with-technology)
- U-M Export Controls for traveling to a country under U.S. sanctions (https://research-compliance.umich.edu/international-travelexport-controls)
- U-M Environmental Health and Safety Field Research site (https://ehs.umich.edu/research-clinical/field-research/) sections on planning, training, incidents and reporting, and information on specific hazards
- Considerations for Global Health Projects (https://www.healthcareers.umn.edu/courses-and-events/online-workshops/globalambassadors-patient-safety)

As the team will be providing care to children in Mombasa, risk of contamination (bodily fluids, etc.) is an additional risk. Our group is comprised of health related faculty and students in collaboration with health workers of Kenya. The team will follow all U.S. and Kenya guidelines for providing safe dental care to the children we will be working with, as in previous years. This year, all safety protocols regarding COVID-19 will also be followed. Necessary gowns, masks, safety glasses, N95 and surgical masks will be brought from the U.S., to ensure we have access to all necessary and adequate Personal protective Equipment (PPE). Additionally, all exams and treatments will be done outdoors (we have done this before).

# 49. Public Health Response Coordination

What is your understanding of local public health response protocols and guidelines in your destination/s (if any), and what is your plan to meet these protocols and guidelines?

- Reporting a positive case of an infectious disease
- Following testing and self-isolation/guarantine requirements
- Adhering to guidelines that could affect your or a group participant's ability to participate in any University/program-related activities.

#### Resources:

- Information gathered from in-country partners.
- Travel / public health regulations in the destination country or city.
- Travel / public health regulations of your in-country partner (e.g. employer, university, study abroad/internship provider, or other partnering organization/collaborator).
- U.S. Department of State Country Information
   (https://travel.state.gov/content/travel/en/international-travel/International-TravelCountry-Information-Pages.html)

U.S. citizens are not required to quarantine in Kenya. However, if a team member displays COVID-19 symptoms, they will be tested. Any COVID-19 positive traveler will isolate from the remainder of the group in order to keep others safe.

# 50.Quarantine / Self-Isolation Plans for Group Travel

In the event it is necessary for you or a participant to quarantine or self-isolate abroad, explain your plan for (1) where you or the participant/s would stay (e.g. in their private room, a hotel room, etc.), (2) how you or the participant/s obtain food and daily necessities, and (3) who would remain in the city where the participant is self-isolating or under quarantine in the event the trip has multiple travel locations and a student is unable to travel with the rest of the group. (The length of quarantine or self-isolation may depend on the infectious disease or illness and on the local public health guidelines of the destination.)

Examples of when you or a participant may need to quarantine or self-isolate include:

- Mandatory quarantine upon arrival because of your or a participant's vaccination status, you or a participant tested positive upon arrival, or quarantine is a part of the country's entry requirements.
- You or a participant tested positive for an infectious disease or illness.
- You or a participant tested positive for an infectious disease or illness before returning to the United States and need to remain abroad longer than expected to meet U.S. entry requirements, or the public health guidelines of your host country.

We have made arrangements with the hotels where we will be staying so if necessary team members can quarantine in their rooms. The team eats all meals at the Kenya Center, so all meals will be provided to the room of anyone who needs to quarantine. The faculty in the trip will be in regular contact throughout the day with the individual(s) who are quarantining. The team will use their celllar plan or buy Sim cards for their phones upon arrival and have good access to 4G, as well as the hotel has excellent WiFi. If only one or two faculty need to quarantine, the 2 week experience can continue under supervision of the other faculty member(s). If all three faculty have to quarantine, depending on when this happens in the length of the 2 week trip, arrangements will be made with our local contacts to ensure students can return earlier than planned to the U.S., as work cannot continue without faculty supervision. At all times the team will keep Mrs. Maize (U-M department) informed daily of progress, and Mrs. Maize will communicate with others at UM as appropriate. The team will also be in daily contact with our local physician contact.

# 51. Sufficient Group Leader/s or On-site Support Staff

(1) What is the plan to have a sufficient number of U-M group leaders or support staff on site to lead the group in the event of the following possible circumstances? (2) If having only one group leader is sufficient, please explain the reasoning.

In certain circumstances, having additional onsite support for students beyond a group leader is necessary, such as:

- Multiple group leaders or onsite support staff are needed to support students (e.g. Leaders or staff manage a critical incident, while the remaining students need a person to continue leading the group to meet trip objectives.)
- For a travel itinerary with multiple locations, a group leader or onsite support staff may need to

- remain with a student in one location (e.g. Leader or staff member remains with student(s) who need to follow local quarantine protocols or who have been hospitalized, while another group leader or onsite support staff member proceeds with the group to the next location.)
- The group leader(s) are no longer able to lead the group (e.g. One or both group leaders are sick, injured, or must quarantine to meet local public health requirements.)

There will be three University of Michigan faculty leading this trip. In the event of any critical events, one faculty can accompany student(s) in need of healthcare, etc. If all three faculty are no longer able to lead the group, the team will be in contact with local sources, and our department coordinator in the U.S. who will help arrange early travel back to the U.S. As the group has been traveling to Mombasa, Kenya for over 10 years, the faculty have close relationships with the local community, with individuals there in addition to onsite cordinators who are trusted to ensure the safety of the team in the event of a catastrophic issue with all three faculty.

# 52. Contingency Plans to Meet Program Objectives in the Event of Trip Disruption

What is the contingency plan to meet program and / or academic objectives in the event of trip disruption and some or all of the program activities must be canceled because of health, safety, or security issues or logistical limitations?

As this trip is for person enrichment and volunteer experience, there are no contingency plans in the event of disruption. If a trip to Kenya is planned in 2024 and any students are able to travel that year (pending funding to do so), this will be considered.

#### 53. Unanticipated Expenses for Group Travel

Describe the group's financial contingency plans, such as having access to departmental or other funds, in the event of unanticipated travel disruptions or travel health related expenses not covered by insurance.

These expenses could be caused by, but are not limited to:

- Pre-departure flight change/cancellations and / or inability to enter the destination country as planned and needing to postpone travel.
- Early departure from the destination country for reasons that are not covered by the U-M
  political and natural disaster evacuation insurance. Typically, evacuation is covered by
  insurance when the U.S. Embassy in that country recommends that U.S. citizens leave the
  country.
- Costs associated with altering the program because of illness of participants, the group leader/s, or other reasons. Having to remain abroad longer than anticipated for a reason that is not covered by the GeoBlue: Post-Departure Trip Interruption Benefit (https://drive.google.com/file/d/1IwDZ8ZWH94EGwUWAFot7YXnsAM0CX3B-/view?usp=sharing) or other medical expenses not covered by GeoBlue Travel Abroad Health Insurance (https://drive.google.com/file/d/1z7\_0PlppXjMpD3j9525624t6teK56f78/view?usp=sharing), such as non-medically prescribed testing

Please note, GeoBlue only reimburses qualified guarantine costs when quarantine outside of the

student's housing is mandated by the host government and expenses meet reimbursement criteria, including testing criteria. Students are strongly encouraged to read the GeoBlue: Post-Departure Trip Interruption Benefit

(https://drive.google.com/file/d/1IwDZ8ZWH94EGwUWAFot7YXnsAM0CX3B-/view? usp=sharing) and the GeoBlue Student Member Guide (https://global.umich.edu/travel-resources/health/) on Global Michigan (https://global.umich.edu/travel-resources/health/) or within your GeoBlue student portal to ensure expenses are covered before making any purchases.

Emergency funds for students on University of Michigan Related Travel (UMRT) (https://drive.google.com/file/d/1gidtBSQWZE9U\_8fvoKO14AEdEuFF4YsV/view?usp=sharing) are available to students eligible for need-based financial assistance who are unable to meet immediate, essential expenses related to unexpected international travel disruptions associated with public health guidelines. See Global Michigan (https://global.umich.edu/travel-resources/incase-of-emergency/) for details.

The Global Program at the University of Michigan are paying for all expenses for the trip, including lodging and transporation in Kenya. Additionally, the program is covering all but \$900 of the student airfare. As lodging and transportation costs are low for this trip, if any changes need to be made the program can most likely cover them within the budget. Hotel expenses are not-refundable but low, and those have been included and considered in the budget, and will be covered even if the team has to leave earlier. If the team or any members need to quarantine and stay in the hotel beyond the 2 weeks of the trip, the Global program will cover those costs. The team members will have the GeoBlue insurance to cover costs associated with illness. The Global Program will purchase COVID-19 tests to use as needed.

#### 54. Returning to the United States and U-M

What are the current Centers for Disease Control (CDC) requirements for returning to the United States from abroad that you must follow (if applicable)? Requirements for U.S. citizens and non-US citizens vary and are subject to change.

#### Resources:

- CDC International Travel to and from the United States
   (https://www.cdc.gov/coronavirus/2019-ncov/travelers/internationaltravel-during-covid19.html)
- For international students, visit the International Center (https://internationalcenter.umich.edu/travel-outside-us-reentry) website for public health guidance for entering the United States.

There are currently no requirements for testing or quarantine for U.S. citizens returning to the U.S. from Kenya. All travelers are fully COVID-19 vaccinated.