



U-M International Travel Requirements

Individuals traveling abroad should visit the [Global Michigan "Requirements"](#) webpage for complete and up-to-date requirements, which include:

1 Register Travel

For students who apply to a U-M program through M-Compass, your submitted application serves as your registration.

All other travelers must register through the [University Travel Registry](#).



2 Get U-M Travel Abroad Health Insurance

All travelers on [UMRT](#) are required to purchase [U-M Travel Abroad Health Insurance](#). For U-M managed programs, check with your department if they enroll you on your behalf. Faculty and staff can download insurance cards upon registration in the University Travel Registry.



3 Review U-M Travel Designations

Check the [U-M Travel Designation](#) for each country in your travel itinerary. Some countries have risk ratings that vary by region, so check carefully.

Depending on your U-M status and destination(s), you may need to submit a travel health plan or safety plan.



4 Submit a Travel Plan

Using [this flowchart](#), determine whether you need to submit an [Individual Safety Plan](#), an [Individual Travel Health plan](#), or neither.

If you do need to submit a plan, please submit it at least 3 weeks before departure.

Planning Considerations

Prior to departure, travelers must plan ahead for entering, staying in, and exiting their host destination(s). Global Michigan also offers [travel planning resources](#).



Verifying Travel Destination Entry / Exit Requirements

- Verify public health entry requirements for your destination(s) which could include providing a specific test result for an infectious disease, providing proof of vaccination (COVID-19, Yellow Fever, etc.), completing a specific health questionnaire, downloading an app, quarantining or testing upon arrival, etc.
- Verify your ability to enter your destination (s) and that you have the necessary documentation / visa. Resources include:
 - "Entry, Exit, and Visa Requirements" section of [U.S. State Department's Country Information page](#) for your destination(s) or your host destinations' official government websites.
 - [U-M International Center Visa](#) page
- Understand requirements for returning to the U.S. or your home country. **For non-U.S. citizens returning to the U.S.**, verify your ability to re-enter. Review the International Center's [Travel Guidance for International Students and Scholars](#) and contact the [International Center](#) with questions related to your visa or other travel documents.



Planning Your Travel Logistics & Contingencies

- Develop flexible financial and logistical contingency plans due to travel disruptions and unforeseen travel health circumstances (e.g. flight delays / cancellations, mandatory quarantines due to exposure, new transit requirements, staying abroad longer than expected, etc.).
- Arrange in-country housing accommodations that account for possible self-isolation needs, ease of access to daily necessities, and safety / security measures. See Global Michigan's [Housing Checklist](#) for various considerations.
- Familiarize yourself with your [GeoBlue Travel Abroad Health Insurance](#) coverage benefits, such as [Post-Departure Travel Interruption \(PDTI\)*](#) which provides lodging / incidentals and transportation benefits for specific covered reasons. (*PDTI is only available on the U-M Study Abroad Plan).
- Provide accurate emergency contact information in the "Trip Emergency Contact & How to Find Me" form located in your Travel Registration or M-Compass application.
- Review and bookmark Global Michigan's [General Emergency Protocols and U-M Emergency Contacts](#).



Staying Healthy While Abroad

- Review your destination(s) [CDC Travelers' Health](#) page and [CDC Travel Health Notices](#) for guidance on travel health risks and for required / recommended vaccinations and stay informed, as conditions can change.
- Follow in-country regulations, which may include mandatory quarantine, masking requirements, proof of vaccination to enter certain buildings, etc.
- Reflect on your individual health and well-being and how they can be impacted while abroad. The [U-M Travel Health Preparation Guide](#) and [Resilient Traveling](#) can help you catalog and plan for physical and psychological health needs during travel.
- Review the full range of U-M travel health planning resources on the [Global Michigan Health](#) webpage.